

Youth Suicide

Each day in the U.S., there are approximately twelve youth suicides making suicide the third leading cause of death for children ages 10-19 years.



Every year in this country, about 125,000 young people are treated in emergency rooms for injuries sustained during suicide attempts. And every year, about 4,000 young people take their own lives. For every completed suicide by youth, it is estimated that 100 to 200 attempts are made. Although rates vary somewhat, within a typical high school classroom, it is likely that three students (one boy and two girls) have made a suicide attempt in the past year.

Risk Factors for Suicide among Youth

- Frequent alcohol and/or drug use.
- Mental disorder, such as depression.
- Family history of mental disorders, substance abuse, or suicide.
- Stressful situation or loss.
- A history of physical or sexual abuse.
- Poor communication with family.
- Unwillingness to seek mental health treatment.
- Easy access to lethal methods.
- The above coupled with an exposure to other teenagers who died by suicide.

Warning Signs:

- Talking about suicide, death, and/or preoccupation with dying.
- Sense of hopelessness; feeling as though life has no purpose.
- Withdrawing from friends and social activities.
- Getting into trouble at school or with the police.
- Fighting with friends.
- Drastic changes in behavior.
- Loss of interest in previously enjoyed activities.
- Giving away or not caring for prized possessions.
- Loss of interest in personal appearance.
- Increased use of alcohol or drugs.

Intervention provides hope and assistance. You can find help. Know the signs of someone who is at risk. Seek help! There are several local resources and agencies that offer free or sliding fee services.

RESOURCES

Crisis Hotline (toll-free 24-hour):

877-695-NEED or 877-695-6333

Solutions Community Counseling & Recovery Centers

- Lebanon (975A Kingsview Dr.) 513-228-7800
- Lebanon (204 Cook Rd.) 513-934-7119
- Springboro (50 Greenwood Ln.) 937-746-1154
- Mason (201 Reading Rd.) 513-398-2551
- Wilmington (953 S. South St.) 937-383-4441

Talbert House—Warren Outpatient (759 Columbus Ave.)
513-932-4337

Beech Acres Parenting Center—Warren County (767 Columbus Ave.)
513-231-6630

